

At Monk's Bar & Grill, the health and safety of our customer is of top importance and our main concern. The menu items listed on these pages **ARE MADE WITH INGREDIENTS WHICH CONTAIN THE LISTED ALLERGENS** (denoted with an 'X').

All of our kitchen operations do include food sharing in all preparation and equipment; this does include our fryer oil, which makes it possible for food items to come in contact with one another.

WE CANNOT GUARANTEE THAT CERTAIN FOOD ITEMS ARE COMPLETELY FREE OF ALLERGENS BECAUSE OF THE PREPARATION CIRCUMSTANCES MENTIONED ABOVE.



KIDS' MENU

	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
<i>KIDS' MEAL ALLERGEN INFORMATION</i>								
*KIDS' CHEESEBURGER	X		X	X				
KIDS' CHICKEN SANDWICH	X			X				
MONK'S NUGGETS				X				
BRAIDED PRETZEL			X	X				
WHITE CHEDDAR MAC & CHEESE	X	X	X	X				
CHEESE QUESADILLA			X	X				
CHEESE QUESADILLA W/BEEF	X		X	X				
CHEESE QUESADILLA W/CHICKEN	X		X	X				
POPCORN SHRIMP		X	X	X				X
<i>KIDS' SIDES ALLERGEN INFORMATION</i>								
MONK'S CHIPPERS								
BEER-BATTERED FRENCH FRIES				X				
MANDARIN ORANGES								
APPLE SLICES W/CARAMEL DIP			X					
STRAWBERRY GOGURT™			X					
SIDE SALAD			X					
SHAKE			X					
MALT			X	X				
ICE CREAM SUNDAE			X					

ALLERGEN GUIDE

At Monk's Bar & Grill we are dedicated to the health and safety of our customers. The information provided identifies the menu items that **contain ingredients** from the most common allergens (soy, egg, dairy, wheat, peanut, tree nut, fish and shellfish) and intolerances based on our supplier information. It **does not reflect the process** in which the food is prepared (i.e., deep fried, grilled, sautéed, etc.).

All of our kitchen operations share prep areas and equipment. **All fried items are prepared in oil which is also used to cook shellfish, fish and breaded items**, which makes it possible to have cross-contact exposure to other foods. Therefore, we **cannot** guarantee that any menu item can be 100% completely free of allergens.

We do have protocol set in place for our customers with food allergies, but even with our process and procedures in place, we cannot guarantee that any item is 100% completely free of allergens. Our staff and management is trained to answer questions about our food and preparation in order to do our best to accommodate anyone with an allergy or intolerance to certain types of food.

APPETIZER ALLERGENS

	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
CHEESE CURDS			X	X				
DEEP-FRIED PICKLES		X	X	X				
BONE-IN WINGS	X	X	X					
BONELESS WINGS	X	X	X	X				
CHIPPERS & DIP		X	X					
SWEET CHILI CAULIFLOWER BITES			X	X	X	X		
BRAIDED PRETZEL		X	X	X				
MONK'S QUESADILLA			X	X				
ONION PETALS		X	X	X				
DELUXE NACHOS			X					
MONKEY FRIES		X	X	X				
CHIPS & SALSA								
CHEESY CHICKEN BACON RANCH TOTS	X	X	X					
MONK'S CHILI (CUP/BOWL)								

FRESH GREENS & DRESSINGS ALLERGENS

	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
<i>SALAD ALLERGEN INFORMATION</i>								
BUFFALO CHICKEN SALAD			X	X				
CRANBERRY MANDARIN CHICKEN SALAD	X		X			X		
COBB SALAD	X	X	X					
MONK'S TACO SALAD	X		X					
SANTA FE CHICKEN SALAD	X	X	X					
BABY ICEBERG SALAD		X	X					
SIDE SALAD								
BROCCOLI SALAD		X						
<i>DRESSING ALLERGEN INFORMATION</i>								
CRANBERRY CITRUS VINAIGRETTE								
BALSAMIC VINAIGRETTE								
RANCH		X	X					
SPICY RANCH		X	X					
FRENCH								
BLEU CHEESE		X	X					
THOUSAND ISLAND		X						
HONEY MUSTARD		X						

MONKBURGER ALLERGENS

	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
*MONK'S ORIGINAL BURGER	X			X				
*THE CHEESEBURGER	X		X	X				
*BACON CHEESEBURGER	X		X	X				
*MUSHROOM & SWISS BURGER	X		X	X				
*JALAPENO BACON BURGER	X	X	X	X				
*WILD WEST BURGER	X	X	X	X				
*BUCKY BADGER BURGER	X	X	X	X				
*BLACK & BLEU BURGER	X	X	X	X				
*IT'S ALL GOUDA' BURGER	X	X	X	X				
*AA BREAKFAST BURGER	X	X	X	X				
*MONSTER BURGER	X	X	X	X				
*BIG 10 MONKBURGER	X	X	X	X				
ALAMO BURGER	X	X	X	X				
BRISKET BURGER	X	X	X	X				
<i>NON-BEEF ALLERGEN INFORMATION</i>								
CALIFORNIA TURKEY BURGER	X	X	X	X				
BLACK BEANBURGER	X	X	X	X				
VEGETARIAN BURGER	X	X	X	X				

SANDWICH/WRAP ALLERGENS

	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
<i>SANDWICHES ALLERGEN INFORMATION</i>								
EL CUBANO	X		X	X				
THE ULTIMATE CLUBHOUSE	X	X	X	X				
SOUTHWESTERN CHICKEN	X	X	X	X				
CALIFORNIA CHICKEN	X	X	X	X				
BRISKET SANDWICH	X	X	X	X				
THE CAROLINA	X	X	X	X				
MONK'S CLASSIC REUBEN	X	X	X	X				
WI PHILLY CHEESESTEAK	X		X	X				
MONK'S CHICKEN TENDERS				X				
BLACKENED MAHI-MAHI	X	X		X			X	
<i>WRAPS ALLERGEN INFORMATION</i>								
CHICKEN TENDER WRAP		X	X	X				
TURKEY BLT WRAP		X		X				
BRISKET WRAP	X	X	X	X				
SANTA FE CHICKEN WRAP	X	X	X	X				
BUFFALO CHICKEN WRAP			X	X				
BBQ CHICKEN WRAP	X	X	X	X				
<i>TACO ALLERGEN INFORMATION</i>								
BATTERED MAHI TACOS		X		X			X	
GRILLED MAHI TACOS	X	X		X			X	
SHRIMP TACOS		X	X	X				X
BRISKET TACOS	X	X		X				
PORK TACOS	X	X		X				

COMFORT CLASSICS ALLERGENS

	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
BBQ CHICKEN MAC	X	X	X	X				
BUFFALO CHICKEN MAC	X	X	X	X				
BRISKET MAC	X	X	X	X				
TATER TOT BACON MAC	X	X	X	X				
JALAPENO PEPPER MAC	X	X	X	X				
SOUTHWESTERN CHICKEN BOWL	X		X					
*CARNIVORE TOTS	X	X	X	X				

DESSERT ALLERGENS

	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
LEMON MOUSSE LAYER CAKE	X	X	X	X				
REESE'S PEANUT BUTTER PIE	X	X	X	X	X	X		
FLOURLESS MONK'S BROWNIE		X	X					
CHOCOLATE CHIP COOKIE SUNDAE	X	X	X	X				
TIRAMISU	X	X	X	X	X	X		
SHAKES			X					
MALTS			X	X				
BIRTHDAY/ KIDS' SUNDAE			X					

NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.