



APPETIZER ALLERGENS

At Monk's Bar & Grill we are dedicated to the health and safety of our customers. The information provided identifies the menu items that **contain ingredients** from the most common allergens (soy, egg, dairy, wheat, peanut, tree nut, fish and shellfish) and intolerances based on our supplier information. It **does not reflect the process** in which the food is prepared (i.e. deep fried, grilled, sautéed, etc.)

All of our kitchen operations share prep areas and equipment. **All fried items are prepared in oil which is also used to cook shellfish, fish and breaded items**, which makes it possible to have cross-contact exposure to other foods. Therefore, we **cannot** guarantee that any menu item can be 100% completely free of allergens.

We do have protocol set in place for our customers with food allergies, but even with our process and procedures in place, we cannot guarantee that any item is 100% completely free of allergens. Our staff and management is trained to answer questions about our food and preparation in order to do our best to accommodate anyone with an allergy or intolerance to certain types of food.

	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
CHEESE CURDS			X	X				
DEEP FRIED PICKLES		X	X	X				
BONE-IN WINGS	X	X	X	X				
BONELESS WINGS	X	X	X	X				
BUFFALO CHICKEN DIP	X	X	X	X				
BOOM BOOM SHRIMP		X	X	X				X
HOT BRAIDED PRETZEL		X	X	X				
CHICKEN QUESADILLA	X		X	X				
ONION RINGS		X	X	X				
DELUXE NACHOS	X		X	X				
MONKEY FRIES	X	X	X	X				
MONK'S CHICKEN TENDERS		X	X	X				
SPINACH ARTICHOKE DIP	X		X					
MONK'S CHILI (CUP/BOWL)								

NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.



MONKBURGER ALLERGENS

At Monk's Bar & Grill we are dedicated to the health and safety of our customers. The information provided identifies the menu items that **contain ingredients** from the most common allergens (soy, egg, dairy, wheat, peanut, tree nut, fish and shellfish) and intolerances based on our supplier information. It **does not reflect the process** in which the food is prepared (i.e. deep fried, grilled, sautéed, etc.)

All of our kitchen operations share prep areas and equipment. **All fried items are prepared in oil which is also used to cook shellfish, fish and breaded items**, which makes it possible to have cross-contact exposure to other foods. Therefore, we **cannot** guarantee that any menu item can be 100% completely free of allergens.

We do have protocol set in place for our customers with food allergies, but even with our process and procedures in place, we cannot guarantee that any item is 100% completely free of allergens. Our staff and management is trained to answer questions about our food and preparation in order to do our best to accommodate anyone with an allergy or intolerance to certain types of food.

MONKBURGER ALLERGEN INFORMATION

	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
*MONK'S ORIGINAL BURGER	X			X				
*THE CHEESEBURGER	X		X	X				
*BACON CHEESEBURGER	X		X	X				
*MUSHROOM & SWISS BURGER	X		X	X				
*PHILLY BURGER	X	X	X	X				
*JALAPENO BACON BURGER	X	X	X	X				
*WILD WEST BURGER	X	X	X	X				
*BUCKY BADGER BURGER	X	X	X	X				
*BLACK & BLEU BURGER	X	X	X	X				
*'IT'S ALL GOUDA' BURGER	X	X	X	X				
*AA BREAKFAST BURGER	X	X	X	X				
*MONSTER BURGER	X	X	X	X				
*BIG 10 MONKBURGER	X	X	X	X				
*JACKHAMMER BURGER	X	X	X	X				

NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.



MONKBURGER ALLERGENS

At Monk's Bar & Grill we are dedicated to the health and safety of our customers. The information provided identifies the menu items that **contain ingredients** from the most common allergens (soy, egg, dairy, wheat, peanut, tree nut, fish and shellfish) and intolerances based on our supplier information. It **does not reflect the process** in which the food is prepared (i.e. deep fried, grilled, sautéed, etc.)

All of our kitchen operations share prep areas and equipment. **All fried items are prepared in oil which is also used to cook shellfish, fish and breaded items**, which makes it possible to have cross-contact exposure to other foods. Therefore, we **cannot** guarantee that any menu item can be 100% completely free of allergens.

We do have protocol set in place for our customers with food allergies, but even with our process and procedures in place, we cannot guarantee that any item is 100% completely free of allergens. Our staff and management is trained to answer questions about our food and preparation in order to do our best to accommodate anyone with an allergy or intolerance to certain types of food.

MONKBURGER NON-BEEF ALLERGEN INFORMATION

	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
CALIFORNIA TURKEY BURGER	X	X	X	X				
GREEK CHICKEN BURGER	X	X	X	X		X		
BLACK BEAN BURGER	X	X	X	X				



DESSERT ALLERGENS

At Monk's Bar & Grill we are dedicated to the health and safety of our customers. The information provided identifies the menu items that **contain ingredients** from the most common allergens (soy, egg, dairy, wheat, peanut, tree nut, fish and shellfish) and intolerances based on our supplier information. It **does not reflect the process** in which the food is prepared (i.e. deep fried, grilled, sautéed, etc.)

All of our kitchen operations share prep areas and equipment. **All fried items are prepared in oil which is also used to cook shellfish, fish and breaded items**, which makes it possible to have cross-contact exposure to other foods. Therefore, we **cannot** guarantee that any menu item can be 100% completely free of allergens.

We do have protocol set in place for our customers with food allergies, but even with our process and procedures in place, we cannot guarantee that any item is 100% completely free of allergens. Our staff and management is trained to answer questions about our food and preparation in order to do our best to accommodate anyone with an allergy or intolerance to certain types of food.

	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
SNICKERS PIE	X	X	X	X	X	X		
REESE'S PEANUT BUTTER PIE	X	X	X	X	X	X		
MONK'S BROWNIE	X	X	X	X				
CHOCOLATE CHIP COOKIE SUNDAE	X	X	X	X				
FLOURLESS CHOCOLATE TORTE	X	X	X		X	X		
SHAKES			X					
MALTS			X	X				
BIRTHDAY/ KID'S SUNDAE			X					



ENTRÉE ALLERGENS

At Monk's Bar & Grill we are dedicated to the health and safety of our customers. The information provided identifies the menu items that **contain ingredients** from the most common allergens (soy, egg, dairy, wheat, peanut, tree nut, fish and shellfish) and intolerances based on our supplier information. It **does not reflect the process** in which the food is prepared (i.e. deep fried, grilled, sautéed, etc.)

All of our kitchen operations share prep areas and equipment. **All fried items are prepared in oil which is also used to cook shellfish, fish and breaded items**, which makes it possible to have cross-contact exposure to other foods. Therefore, we **cannot** guarantee that any menu item can be 100% completely free of allergens.

We do have protocol set in place for our customers with food allergies, but even with our process and procedures in place, we cannot guarantee that any item is 100% completely free of allergens. Our staff and management is trained to answer questions about our food and preparation in order to do our best to accommodate anyone with an allergy or intolerance to certain types of food.

	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
GOURMET MEATLOAF	X	X	X	X				
POT ROAST DINNER	X		X	X				
GRANDE BURRITO	X		X	X				
BRISKET MAC & CHEESE	X	X	X	X				
BBQ CHICKEN MAC & CHEESE	X	X	X	X				
BEER BATTERED SHRIMP BASKET		X	X	X				X
*CARNIVORE TOTS	X	X	X	X				



KID'S MEAL ALLERGENS

At Monk's Bar & Grill we are dedicated to the health and safety of our customers. The information provided identifies the menu items that **contain ingredients** from the most common allergens (soy, egg, dairy, wheat, peanut, tree nut, fish and shellfish) and intolerances based on our supplier information. It **does not reflect the process** in which the food is prepared (i.e. deep fried, grilled, sautéed, etc.)

All of our kitchen operations share prep areas and equipment. **All fried items are prepared in oil which is also used to cook shellfish, fish and breaded items**, which makes it possible to have cross-contact exposure to other foods. Therefore, we **cannot** guarantee that any menu item can be 100% completely free of allergens.

We do have protocol set in place for our customers with food allergies, but even with our process and procedures in place, we cannot guarantee that any item is 100% completely free of allergens. Our staff and management is trained to answer questions about our food and preparation in order to do our best to accommodate anyone with an allergy or intolerance to certain types of food.

KID'S MEAL ALLERGEN INFORMATION

	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
*KID'S CHEESEBURGER	X		X	X				
MONK'S NUGGETS				X				
BRAIDED PRETZEL			X	X				
MACARONI & CHEESE			X	X				
2 TACOS	X		X	X				
POPCORN SHRIMP		X	X	X				X
CHICKEN TENDERS				X				

KID'S 100% FRUIT JUICE DRINKS/TREATS ALLERGEN INFORMATION

	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
STRAWBERRY- MANGO SIDEKICKS SLUSHIE CUP								
STRAWBERRY- KIWI SIDEKICKS SLUSHIE CUP								
FRUITABLES JUICE BOX 'POWER PUNCH'								
FRUITABLES JUICE BOX 'APPLE'								
FRUITABLES JUICE BOX 'TROPICAL TWIST'								

THESE PRODUCTS HAVE BEEN CHOSEN AS HEALTHIER DRINK/DESSERT OPTIONS FOR CHILDREN. 100% FRUIT JUICE, NO ADDED SWEETENERS, NO ARTIFICIAL DYES.

NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.



KID'S MEAL ALLERGENS

At Monk's Bar & Grill we are dedicated to the health and safety of our customers. The information provided identifies the menu items that **contain ingredients** from the most common allergens (soy, egg, dairy, wheat, peanut, tree nut, fish and shellfish) and intolerances based on our supplier information. It **does not reflect the process** in which the food is prepared (i.e. deep fried, grilled, sautéed, etc.)

All of our kitchen operations share prep areas and equipment. **All fried items are prepared in oil which is also used to cook shellfish, fish and breaded items**, which makes it possible to have cross-contact exposure to other foods. Therefore, we **cannot** guarantee that any menu item can be 100% completely free of allergens.

We do have protocol set in place for our customers with food allergies, but even with our process and procedures in place, we cannot guarantee that any item is 100% completely free of allergens. Our staff and management is trained to answer questions about our food and preparation in order to do our best to accommodate anyone with an allergy or intolerance to certain types of food.

KID'S SIDE ALLERGEN INFORMATION

	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
MONK'S CHIPPERS								
BEER-BATTERED FRENCH FRIES				X				
CELERY STICKS								
MANDARIN ORANGES								
APPLESAUCE								
SIDE SALAD			X					



FRESH GREENS ALLERGENS

At Monk's Bar & Grill we are dedicated to the health and safety of our customers. The information provided identifies the menu items that **contain ingredients** from the most common allergens (soy, egg, dairy, wheat, peanut, tree nut, fish and shellfish) and intolerances based on our supplier information. It **does not reflect the process** in which the food is prepared (i.e. deep fried, grilled, sautéed, etc.)

All of our kitchen operations share prep areas and equipment. **All fried items are prepared in oil which is also used to cook shellfish, fish and breaded items**, which makes it possible to have cross-contact exposure to other foods. Therefore, we **cannot** guarantee that any menu item can be 100% completely free of allergens.

We do have protocol set in place for our customers with food allergies, but even with our process and procedures in place, we cannot guarantee that any item is 100% completely free of allergens. Our staff and management is trained to answer questions about our food and preparation in order to do our best to accommodate anyone with an allergy or intolerance to certain types of food.

SALAD ALLERGEN INFORMATION

	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
BUFFALO CHICKEN SALAD			X	X				
CRANBERRY MANDARIN CHICKEN SALAD			X			X		
COBB SALAD	X	X	X					
TURKEY CAPRESE SALAD		X	X			X		
MONK'S TACO SALAD	X		X					
SANTA FE CHICKEN SALAD	X		X					
GREEK SALAD			X	X				
*BLACK & BLEU SALAD			X	X				
SIDE SALAD								



FRESH GREENS ALLERGENS

At Monk's Bar & Grill we are dedicated to the health and safety of our customers. The information provided identifies the menu items that **contain ingredients** from the most common allergens (soy, egg, dairy, wheat, peanut, tree nut, fish and shellfish) and intolerances based on our supplier information. It **does not reflect the process** in which the food is prepared (i.e. deep fried, grilled, sautéed, etc.)

All of our kitchen operations share prep areas and equipment. **All fried items are prepared in oil which is also used to cook shellfish, fish and breaded items**, which makes it possible to have cross-contact exposure to other foods. Therefore, we **cannot** guarantee that any menu item can be 100% completely free of allergens.

We do have protocol set in place for our customers with food allergies, but even with our process and procedures in place, we cannot guarantee that any item is 100% completely free of allergens. Our staff and management is trained to answer questions about our food and preparation in order to do our best to accommodate anyone with an allergy or intolerance to certain types of food.

DRESSING ALLERGEN INFORMATION

	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
CRANBERRY CITRUS VINAIGRETTE								
BALSAMIC VINAIGRETTE								
RANCH		X	X					
SPICY RANCH		X	X					
ITALIAN								
FRENCH								
HONEY MUSTARD		X						
BLEU CHEESE		X	X					
CAESAR		X	X				X	
THOUSAND ISLAND		X						
WHITE BALSAMIC VINAIGRETTE			X					
GREEK VINAIGRETTE								

NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.



SANDWICH/WRAP ALLERGENS

At Monk's Bar & Grill we are dedicated to the health and safety of our customers. The information provided identifies the menu items that **contain ingredients** from the most common allergens (soy, egg, dairy, wheat, peanut, tree nut, fish and shellfish) and intolerances based on our supplier information. It **does not reflect the process** in which the food is prepared (i.e. deep fried, grilled, sautéed, etc.)

All of our kitchen operations share prep areas and equipment. **All fried items are prepared in oil which is also used to cook shellfish, fish and breaded items**, which makes it possible to have cross-contact exposure to other foods. Therefore, we **cannot** guarantee that any menu item can be 100% completely free of allergens.

We do have protocol set in place for our customers with food allergies, but even with our process and procedures in place, we cannot guarantee that any item is 100% completely free of allergens. Our staff and management is trained to answer questions about our food and preparation in order to do our best to accommodate anyone with an allergy or intolerance to certain types of food.

SANDWICHES ALLERGEN INFORMATION

	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
EL CUBANO	X		X	X				
THE ULTIMATE CLUBHOUSE	X	X	X	X				
SOUTHWESTERN CHICKEN	X	X	X	X				
ASIAGO CHICKEN MELT	X	X	X	X				
CALIFORNIA CHICKEN	X	X	X	X				
THE CAROLINA	X	X	X	X				
MONK'S CLASSIC REUBEN	X	X	X	X				
PHILLY CHEESESTEAK	X		X	X				
POT ROAST MAC & CHEESE	X	X	X	X				
BRISKET SANDWICH	X	X	X	X				
SHRIMP PO'BOY	X	X	X	X				X
*SIRLOIN STEAK SANDWICH	X	X		X				

NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.



SANDWICH/WRAP ALLERGENS

At Monk's Bar & Grill we are dedicated to the health and safety of our customers. The information provided identifies the menu items that **contain ingredients** from the most common allergens (soy, egg, dairy, wheat, peanut, tree nut, fish and shellfish) and intolerances based on our supplier information. It **does not reflect the process** in which the food is prepared (i.e. deep fried, grilled, sautéed, etc.)

All of our kitchen operations share prep areas and equipment. **All fried items are prepared in oil which is also used to cook shellfish, fish and breaded items**, which makes it possible to have cross-contact exposure to other foods. Therefore, we **cannot** guarantee that any menu item can be 100% completely free of allergens.

We do have protocol set in place for our customers with food allergies, but even with our process and procedures in place, we cannot guarantee that any item is 100% completely free of allergens. Our staff and management is trained to answer questions about our food and preparation in order to do our best to accommodate anyone with an allergy or intolerance to certain types of food.

WRAPS ALLERGEN INFORMATION

	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
CHICKEN TENDER WRAP		X	X	X				
TURKEY BLT WRAP		X		X				
SHRIMP BLT WRAP		X	X	X				X
SANTA FE CHICKEN WRAP	X	X	X	X				
BUFFALO CHICKEN WRAP	X	X	X	X				
BBQ CHICKEN WRAP	X	X	X	X				

TACO ALLERGEN INFORMATION

	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
MAHI TACOS		X		X			X	
SHRIMP TACOS		X	X	X				X
BRISKET TACOS	X			X				
PORK TACOS	X			X				

NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.