



# DOWNTOWN DELLS ALLERGEN MENU

At Monk's Bar & Grill, the health and safety of our customer is of top importance and our main concern. The menu items listed on these pages **ARE MADE WITH INGREDIENTS WHICH CONTAIN THE LISTED ALLERGENS** (denoted with an 'X'). All of our kitchen operations do include food sharing in all preparation and equipment; this does include our fryer oil, which makes it possible for food items to come in contact with one another.

**WE CANNOT GUARANTEE THAT CERTAIN FOOD ITEMS ARE COMPLETELY FREE OF ALLERGENS BECAUSE OF THE PREPARATION CIRCUMSTANCES MENTIONED ABOVE.**

<b>APPETIZERS</b>	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
<b>HOT WINGS</b>	X	X	X					
<b>MONK'S CHICKEN TENDERS</b>		X	X	X				
<b>HOT BRAIDED PRETZEL</b>		X	X	X				
<b>CHEESECURDS</b>			X	X				
<b>NACHOS &amp; CHEESE</b>			X					
<b>CHEESE FRIES</b>				X				
<b>BREW CITY ONION RINGS</b>			X	X				
<b>DEEP FRIED PICKLES</b>		X	X	X				
<b>ONION PETALS</b>		X	X	X				
<b>MONKBURGERS</b>	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
<b>*THE ORIGINAL MONK'S BURGER</b>	X			X				
<b>*CHEESEBURGER</b>	X		X	X				
<b>*BACON CHEESEBURGER</b>	X		X	X				
<b>*BLACK 'N BLEU BURGER</b>	X	X	X	X				
<b>*JALAPENO CHEDDAR MONKBURGER</b>	X	X	X	X				
<b>*MUSHROOM &amp; SWISS MONKBURGER</b>	X		X	X				
<b>*MONSTER BURGER</b>	X	X	X	X				
<b>*JACKHAMMER BURGER</b>	X	X	X	X				

NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.



# DOWNTOWN DELLS ALLERGEN MENU

<b><u>SALADS</u></b>	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
<b>GRILLED CHICKEN SALAD</b>	X		X					
<b>GARDEN SALAD</b>			X					
<b>TACO SALAD</b>	X		X					
<b><u>WHERE'S THE BEEF BURGERS</u></b>	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
<b>MONK'S TURKEY BURGER</b>	X	X		X				
<b>BLACK BEAN BURGER</b>	X	X	X	X				
<b><u>SANDWICHES</u></b>	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
<b>MONK'S GRILLED CHICKEN</b>	X	X		X				
<b>PHILLY CHEESESTEAK</b>	X		X	X				
<b>MONK'S GRILLED CHICKEN DELUXE</b>	X	X	X	X				
<b>EL CUBANO</b>	X		X	X				
<b>CHICKEN CORDON BLEU</b>	X	X	X	X				
<b>CLASSIC REUBEN</b>	X	X	X	X				
<b>TURKEY BLT WRAP</b>		X		X				
<b>SANTA FE WRAP</b>	X		X	X				
<b><u>KID'S MEALS</u></b>	SOY	EGG	DAIRY	WHEAT/ GLUTEN	PEANUT	TREE NUT	FISH	SHELLFISH
<b>HOT DOG</b>	X			X				
<b>BRAIDED PRETZEL</b>			X	X				
<b>*HAMBURGER</b>	X			X				
<b>*CHEESEBURGER</b>	X		X	X				
<b>CHICKEN TENDERS</b>				X				

*KID'S MEALS ARE SERVED WITH A CHOICE OF MANDARIN ORANGES, APPLESAUCE OR FRENCH FRIES WITH A COOKIE. PLEASE LOOK UP FRENCH FRIES ALLERGEN INFORMATION UNDER 'APPETIZERS', INQUIRE WITH SERVER ABOUT CHOCOLATE CHIP COOKIE. THANK YOU!*

NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.